

SUNFLOWER'S

SANDWICHES

SERVED WITH CHIPS. SUBSTITUTE SIDE SALAD OR FRUIT CUP FOR 3.50 OR SOUP FOR 4

CHICKEN SALAD (CLAY'S FAVORITE) GRAPES, PECANS, MAYO AND ROMAINE LETTUCE ON YOUR CHOICE OF BREAD	14
BLT BACON, ROMAINE, TOMATO, BALSAMIC ONIONS, TOMATO MAYO ON TOASTED WHEAT	13
FOCACCIA FRESH FOCACCIA BREAD WITH CHOICE OF DELI MEAT OR FRESH VEGGIES, ROMAINE TOMATOES, RED ONION, PROVOLONE & SWISS, BALSAMIC VINAIGRETTE, MAYO AND HOUSE MUSTARD	14
BBQ CHOICE OF CHICKEN OR PORK, HOUSE BBQ SAUCE, PICKLED RED CABBAGE, MAYO ON A TOASTED BUN	15
CALI TURKEY, AVOCADO, ROMAINE, TOMATO, HAVARTI CHEESE, HOUSE RANCH, ON WHEAT BREAD GRILLED	14
AWESOME ANNA TURKEY, GOAT CHEESE, APPLE, BALSAMIC ONIONS, ROMAINE, DIJON, ON SOURDOUGH GRILLED	14
CUBAN TWIST SLOW-ROASTED PORK, HAM, GRILLED PINEAPPLE, HOUSE MUSTARD, SWISS, ON SOURDOUGH	15
QUINN PHILLY SIRLOIN, CARAMELIZED RED ONION, ROMAINE, TOMATOS, CHEDDAR CHEESE, HORSERADISH MAYO, ON SOURDOUGH GRILLED	14
TUNA MELT TUNA SALAD, AVOCADO, CHEDDAR, ROMAINE, HOUSE MUSTARD, ON SUNFLOWER BREAD GRILLED	13
BAHN MIMI PORK BELLY, PICKLED CARROT, CUCUMBER, DAIKON RADISH AND ONION, SPICY MAYO, CILANTRO, ON A TOASTED BUN	15

VEGETARIAN

PIMIENTO CHEESE PEPPER JACK PIMIENTO CHEESE, AVOCADO, TOMATO, ROMAINE, TOMATO MAYO, ON WHEAT TOASTED	13
THE CHILI PEPPER JAMWICH SWEET PEPPER AND ONION JAM, TOMATO, GOAT CHEESE, ARUGULA, BALSAMIC REDUCTION, PESTO MAYO, ON FOCACCIA BREAD GRILLED	14
PORTOBELLO ELLEN GRILLED PORTOBELLO, CARAMELIZED ONION, ROMAINE, PROVOLONE, HORSERADISH MAYO, ON FOCACCIA GRILLED	13
AVOCADO PESTO MELT AVOCADO, PESTO MAYO, CHEDDAR CHEESE, TOMATO, RED ONION, ON SUNFLOWER BREAD GRILLED	14
VEGGIE DEBBIE AVOCADO, TOMATO, ROMAINE, CUCUMBERS, HOUSE MUSTARD, LEMON TAHINI DRESSING, HAVARTI & CHEDDAR CHEESE, ON SUNFLOWER BREAD GRILLED	12
BLUE MAX SHREDDED CARROTS, TOMATO, HOUSE BLUE CHEESE DRESSING, HOUSE MUSTARD, HAVARTI, ROMAINE, ON SUNFLOWER BREAD GRILLED	12
RAE'S GRILLED CHEESE SWISS, PROVOLONE, HAVARTI, MAYO, ON SUNFLOWER BREAD GRILLED	12
GO BANANAS BANANA BREAD, NUTELLA, BANANA, HONEY	12
HALF SANDWICH AND SOUP	14
HALF SANDWICH HALF SALAD	14

DONT FORGET TO CHECK OUT OUR
WEEKLY LUNCH AND DINNER SPECIALS

BREADS

HOUSE BAKED FOCACCIA, SUNFLOWER, WHEAT, KAISER ROLL, PITA, SOURDOUGH, GLUTEN FREE BREAD

SUNFLOWER'S

SALADS

BOWL OF CHICKEN OR TUNA SALAD 10
CUCUMBERS AND CROSTINI

CHICKEN SALAD SALAD 12
CHICKEN SALAD ON HEARTS OF ROMAINE, BACON,
AVOCADO, CUCUMBER, BALSAMIC VINAIGRETTE

PEAR AND PECAN SALAD 12
MIXED GREENS, GREEN PEAR, PECAN,
BLUE CHEESE CRUMBLE, BALSAMIC VINAIGRETTE

CHOP SALAD 13
MIXED GREENS, TSUKEMONO VEGETABLES,
SPICED PEANUTS, CABBAGE, CILANTRO, SESAME SEEDS,
WONTONS, WITH GINGER-SESAME DRESSING

CAESAR 11
HEARTS OF ROMAINE , PARMESAN, HOUSE CROUTONS,
WITH CAESAR DRESSING

SUMMER SALAD 11
MIXED GREENS, AVOCADO, BACON, GOAT CHEESE,
CANDIED WALNUTS, PICKLED RED ONION,
WITH BALSAMIC VINAIGRETTE

ADD CHICKEN TO ANY SALAD 3.5

HOMEMADE DRESSINGS
LEMON TAHINI, RANCH, BLUE CHEESE, BALSAMIC
VINAIGRETTE, CAESAR, GINGER-SESAME

SIDE SALAD 5

SOUP OF THE DAY 6.5

BAR MENU AFTER 9:00
GARLIC BUTTER & HERB POPCORN 8
W/ PARMESAN & BACON

PIMIENTO CHEESE WITH 7
CROSTINI AND CUCUMBER

BBQ SANDWICH 12
CHOICE OF CHICKEN OR PORK, HOUSE BBQ SAUCE,
PICKLED RED CABBAGE, MAYO

WARM HOUSE BAKED FOCACCIA 5
W/ OIL & VINEGAR

INSIDER SECRET 4
POTATO CHIPS W/ SPICY HOUSE RANCH

DESSERTS

BANANA PUDDING 8

CHOCOLATE CHIP COOKIE 3

LEMON BAR 5

CARAMEL CAKE 6

CARROT CAKE 6

TREE-BARK 5

KIDS MENU

PB&J (SUB NUTELLA) 5

GRILLED CHESSE (ON SUNFLOWER BREAD) 5

TURKEY OR HAM W/ CHEDDAR 6
(ON WHEAT W/ MAYO)

DRINKS

COKE PRODUCTS 2.5

SWEET AND UNSWEET TEA 2.5

FRESHLY SQUEEZED LEMONADE 3

HOUSE MADE LEMONADE SLUSHY 6

COFFEE 2.5

BEER ON TAP SEE BEER SELECTION

BOTTLED BEER SEE BEER SELECTION

WINE AVAILABLE

SPIKED LEMONADE SLUSHY 12